

**31.12.2015, Sigmaringen, 32. Silvesterlauf**

|     |    |              |       |       |
|-----|----|--------------|-------|-------|
| M40 | 8. | Mario Pommer | 10 km | 39:38 |
|-----|----|--------------|-------|-------|

**31.12.2015 Wehr, 36. Silvesterlauf**

|       |     |                     |         |         |
|-------|-----|---------------------|---------|---------|
| W55   | 2.  | Eveline Schultheiß  | 5 km W  | 50:53   |
| W65   | 3.  | Helene Gattes       | 5 km W  | 45:18   |
| M55   | 1.  | Klaus Herrmann      | 5 km W  | 39:39   |
| W40   | 2.  | Karin Fuhrmann      | 5 km    | 29:01   |
| W40   | 2.  | Susanne Scholz      | 5 km    | 29:01   |
| MJU20 | 1.  | Christian Scholz    | 5 km    | 20:59   |
| W45   | 10. | Antje Ueberholz     | 10,6 km | 58:10   |
| W45   | 13. | Anja Müller         | 10,6 km | 59:50   |
| W50   | 5.  | Martina Schulz      | 10,6 km | 55:20   |
| W50   | 6.  | Gaby Reiländer      | 10,6 km | 59:33   |
| W50   | 10. | Christiane Magiros  | 10,6 km | 1:09:00 |
| W55   | 4.  | Sylvia Lippert      | 10,6 km | 1:09:00 |
| M40   | 16. | Olli Michaelis      | 10,6 km | 53:23   |
| M45   | 11. | Jens Kraemer        | 10,6 km | 49:18   |
| M45   | 19. | Thomas Kraemer      | 10,6 km | 53:21   |
| M50   | 18. | Wolfgang Scholz     | 10,6 km | 59:50   |
| M50   | 22. | Martin Mitscherling | 10,6 km | 1:02:10 |
| M60   | 15. | Peter Fuhrmann      | 10,6 km | 1:08:28 |

**31.12.2015 Montabaur, Silvesterlauf in Montabaur**

|     |     |                       |         |         |
|-----|-----|-----------------------|---------|---------|
| W45 | 3.  | Jennifer Hamm + Silva | 5 km    | 29:18   |
| W60 | 2.  | Helga Schinke         | 5 km    | 33:01   |
| W65 | 1.  | Irmgard Kurtenacker   | 5 km    | 32:09   |
| M55 | 11. | Christoph Kurtenacker | 5 km    | 32:09   |
| W40 | 6.  | Michaela Müller       | 10,7 km | 59:41   |
| W40 | 13. | Melanie Rehmann       | 10,7 km | 1:01:20 |
| W45 | 3.  | Monika Hummel         | 10,7 km | 54:41   |
| W45 | 17. | Wilma Kinast          | 10,7 km | 1:03:58 |
| W55 | 10. | Petra Itschert-Rasch  | 10,7 km | 1:03:43 |
| M45 | 44. | Jan Kiefer            | 10,7 km | 55:50   |
| M45 | 47. | Peter Zängerle        | 10,7 km | 56:43   |
| M45 | 48. | Klaus-Martin Wisbar   | 10,7 km | 56:44   |
| M45 | 57. | Burkhard Schneider    | 10,7 km | 58:17   |
| M70 | 1.  | Bernhard Marake       | 10,7 km | 57:35   |

**13.12.2015 Aegidienberg, 16. Siebengebirgsmarathon**

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| W20 | 4.  | Mareike Hilgenberg | 21,1 km | 1:54:36 |
| W40 | 14. | Melanie Rehmann    | 21,1 km | 2:15:25 |
| W50 | 4.  | Martina Schulz     | 21,1 km | 1:58:43 |
| W50 | 7.  | Monika Knebel      | 21,1 km | 2:15:24 |
| M45 | 26. | Hans-Jürgen Kahle  | 21,1 km | 1:53:15 |
| M45 | 29. | Niko Thomé         | 21,1 km | 1:54:33 |
| M45 | 34. | Andreas Decker     | 21,1 km | 1:58:48 |
| W45 | 5.  | Antje Ueberholz    | 42,2 km | 4:02:02 |
| W45 | 21. | Sonja Seyda        | 42,2 km | 5:12:38 |
| M40 | 21. | Olli Michaelis     | 42,2 km | 4:06:52 |
| M45 | 64. | Jan Kiefer         | 42,2 km | 4:18:52 |

**13.12.2015 Bell, 33. Winterläufe - 1.Lauf**

|       |  |                  |        |  |
|-------|--|------------------|--------|--|
| MJU20 |  | Christian Scholz | 7,5 km |  |
| M50   |  | Wolfgang Scholz  | 10 km  |  |

**06.12.2015 Bedburg, 30. Nikolauslauf**

|     |  |                    |          |         |
|-----|--|--------------------|----------|---------|
| W55 |  | Eveline Schultheiß | 6,6 km W | 1:03:57 |
| M55 |  | Klaus Herrmann     | 6,6 km W | 57:43   |

**06.12.2015 Ochtendung, 29. Winterlaufserie - 1. Lauf**

|     |    |                 |      |       |
|-----|----|-----------------|------|-------|
| W50 | 2. | Gaby Reiländer  | 4 km | 19:54 |
| M40 | 2. | Mario Pommer    | 4 km | 15:51 |
| M50 | 3. | Wolfgang Scholz | 4 km | 19:36 |
| M75 | 1. | Dieter Schottes | 4 km | 21:56 |

|     |    |                 |        |       |
|-----|----|-----------------|--------|-------|
| W50 | 2. | Gaby Reiländer  | 8,1 km | 40:23 |
| M40 | 1. | Mario Pommer    | 8,1 km | 33:40 |
| M50 | 5. | Wolfgang Scholz | 8,1 km | 41:40 |
| M70 | 2. | Bernhard Marake | 8,1 km | 47:27 |
| M75 | 1. | Dieter Schottes | 8,1 km | 45:27 |

#### 29.11.2015 Ratzeburg, 26. Adventslauf

|     |     |                |       |         |
|-----|-----|----------------|-------|---------|
| M40 | 37. | Olli Michaelis | 26 km | 2:09:50 |
|-----|-----|----------------|-------|---------|

#### 29.11.2015 Mondorf, 31. Herbstlauf

|     |    |                    |         |         |
|-----|----|--------------------|---------|---------|
| W55 | 6. | Eveline Schultheiß | 10 km W | 1:37:37 |
| M55 | 1. | Klaus Herrmann     | 10 km W | 1:17:49 |

#### 22.11.2015 Heiderscheid, Trail Uewersauer

|   |     |              |       |         |
|---|-----|--------------|-------|---------|
| M | 66. | Mario Pommer | 50 km | 5:32:42 |
|---|-----|--------------|-------|---------|

#### 21.11.2015 Köln-Porz, 43. Herbstlauf

|     |     |            |       |       |
|-----|-----|------------|-------|-------|
| M45 | 13. | Niko Thomé | 10 km | 47:03 |
|-----|-----|------------|-------|-------|

#### 14.11.2015 Bad Ems, Lauf „Rund um die Insel Silberau“

|       |    |                  |        |       |
|-------|----|------------------|--------|-------|
| W40   | 1. | Susanne Scholz   | 7,2 km | 37:15 |
| MJU20 | 1. | Christian Scholz | 7,2 km | 27:53 |
| M50   | 3. | Wolfgang Scholz  | 7,2 km | 31:59 |

#### 08.11.2015 Hennef, Platinman

|     |     |                 |         |         |
|-----|-----|-----------------|---------|---------|
| W30 | 7.  | Jennifer Weber  | 25,6 km | 2:58:51 |
| W45 | 13. | Antje Ueberholz | 25,6 km | 2:58:40 |
| M40 | 9.  | Mario Pommer    | 25,6 km | 2:14:13 |

#### 08.11.2015 Simmerath, 19. Rursee-Marathon

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| M40 | 29. | Olli Michaelis | 42,2 km | 3:58:44 |
|-----|-----|----------------|---------|---------|

#### 07.11.2015 Bad Godesberg, 31. Herbstlauf

|     |    |                    |          |       |
|-----|----|--------------------|----------|-------|
| W55 | 1. | Eveline Schultheiß | 5,9 km W | 56:11 |
| M55 | 3. | Klaus Herrmann     | 5,9 km W | 44:52 |

#### 07.11.2015 Eitelborn, Herbst-Crosslauf

|       |    |                  |         |       |
|-------|----|------------------|---------|-------|
| MJU20 | 4. | Christian Scholz | 4,92 km | 20:49 |
| M50   | 4. | Wolfgang Scholz  | 4,92 km | 25:27 |
| M70   | 1. | Bernhard Marake  | 4,92 km | 28:16 |
| M75   | 1. | Dieter Schottes  | 4,92 km | 27:37 |

#### 01.11.2015 New York, Marathon

|     |  |              |         |         |
|-----|--|--------------|---------|---------|
| M50 |  | Thomas Brent | 42,2 km | 3:50:44 |
|-----|--|--------------|---------|---------|

#### 31.10.2015 Koborn-Gondorf, Halloweenlauf

|     |     |                     |       |       |
|-----|-----|---------------------|-------|-------|
| W40 | 9.  | Eva Daute           | 10 km | 58:22 |
| W45 | 6.  | Anette Kahlenberg   | 10 km | 55:44 |
| W50 | 1.  | Gaby Reiländer      | 10 km | 48:11 |
| W50 | 6.  | Christiane Magiros  | 10 km | 59:50 |
| M40 | 9.  | Olli Michaelis      | 10 km | 46:17 |
| M45 | 5.  | Thomas Kraemer      | 10 km | 46:09 |
| M45 | 18. | Andreas Decker      | 10 km | 58:24 |
| M50 | 17. | Rudolf Kahlenberg   | 10 km | 55:45 |
| M50 | 19. | Martin Mitscherling | 10 km | 59:51 |
| M70 | 1.  | Bernhard Marake     | 10 km | 53:51 |
| M75 | 1.  | Dieter Schottes     | 10 km | 51:42 |

#### 25.10.2015 Königswinter, 13. Drachenlauf

|     |     |                 |       |         |
|-----|-----|-----------------|-------|---------|
| W30 | 5.  | Jennifer Weber  | 26 km | 2:32:14 |
| W45 | 8.  | Antje Ueberholz | 26 km | 2:47:39 |
| W45 | 17. | Jessica Junker  | 26 km | 2:57:49 |

#### 25.10.2015 Frankfurt, 34. Marathon mit Deutschen Meisterschaften

|     |      |                 |         |         |
|-----|------|-----------------|---------|---------|
| W40 | 175. | Michaela Müller | 42,2 km | 4:04:09 |
|-----|------|-----------------|---------|---------|

|     |      |                |         |                         |
|-----|------|----------------|---------|-------------------------|
| W50 | 102. | Martina Schulz | 42,2 km | 4:10:41 (DM: 29. Platz) |
|-----|------|----------------|---------|-------------------------|

#### 18.10.2015 Dresden, 17. Marathon

|       |      |                      |         |         |
|-------|------|----------------------|---------|---------|
| MJU10 | 19.  | Malte Sturm          | 4,2 km  | 25:04   |
| MJU14 | 16.  | Philipp Kahle        | 4,2 km  | 21:00   |
| W50   | 9.   | Sabine Sturm         | 4,2 km  | 25:58   |
| M50   | 10.  | Volker Sturm         | 4,2 km  | 25:04   |
| W35   | 5.   | Diana Hellebrand     | 10 km   | 44:33   |
| W40   | 16.  | Susanne Scholz       | 10 km   | 51:55   |
| W40   | 90.  | Anja Brunnhübner     | 10 km   | 1:05:27 |
| W45   | 67.  | Sonja Heidger        | 10 km   | 59:26   |
| M60   | 20.  | Bernd Marx           | 10 km   | 57:11   |
| M75   | 10.  | Paul Adrian          | 10 km   | 1:26:18 |
| W40   | 19.  | Michaela Müller      | 21,1 km | 1:50:19 |
| W40   | 29.  | Manuela Frohs        | 21,1 km | 1:54:37 |
| W40   | 38.  | Melanie Rehmann      | 21,1 km | 1:56:58 |
| W40   | 39.  | Karin Fuhrmann       | 21,1 km | 1:56:58 |
| W40   | 84.  | Eva Daute            | 21,1 km | 2:11:18 |
| W45   | 31.  | Anette Kahlenberg    | 21,1 km | 1:52:53 |
| W45   | 46.  | Anja Müller          | 21,1 km | 1:56:07 |
| W45   | 90.  | Jennifer Hamm        | 21,1 km | 2:07:23 |
| W45   | 101. | Heide Kiefer         | 21,1 km | 2:09:39 |
| W50   | 5.   | Gaby Reiländer       | 21,1 km | 1:42:15 |
| W50   | 55.  | Martina Schulz       | 21,1 km | 2:01:49 |
| W50   | 74.  | Christiane Magiros   | 21,1 km | :08:04  |
| W55   | 15.  | Petra Itschert-Rasch | 21,1 km | 2:01:09 |
| W55   | 26.  | Sylvia Lippert       | 21,1 km | 2:08:04 |
| W60   | 6.   | Sibille Henn         | 21,1 km | 2:00:17 |
| W65   | 6.   | Christel Politz      | 21,1 km | 2:07:19 |
| W70   | 3.   | Rosi Kraemer         | 21,1 km | 2:17:21 |
| M45   | 98.  | Niko Thomé           | 21,1 km | 1:43:10 |
| M45   | 181. | Burkhard Schneider   | 21,1 km | 1:51:47 |
| M50   | 20.  | Harald Müller        | 21,1 km | 1:34:00 |
| M50   | 21.  | Alexander Irschfeld  | 21,1 km | 1:34:00 |
| M50   | 88.  | Richard Wagner       | 21,1 km | 1:44:45 |
| M50   | 153. | Wolfgang Scholz      | 21,1 km | 1:52:53 |
| M50   | 194. | Martin Mitscherling  | 21,1 km | 1:56:58 |
| M50   | 210. | Rudolf Kahlenberg    | 21,1 km | 1:58:26 |
| M55   | 101. | Bernhard Widera      | 21,1 km | 2:03:23 |
| M60   | 71.  | Peter Fuhrmann       | 21,1 km | 2:14:47 |
| W45   | 41.  | Sonja Seyda          | 42,2 km | 4:43:30 |
| M40   | 105. | Thomas Brunnhübner   | 42,2 km | 3:54:06 |
| M40   | 110. | Olli Michaelis       | 42,2 km | 3:57:09 |
| M45   | 48.  | Thomas Kraemer       | 42,2 km | 3:28:51 |
| M45   | 101. | Andreas Decker       | 42,2 km | 3:55:17 |
| M45   | 105. | Hans-Jürgen Kahle    | 42,2 km | 3:56:05 |
| M45   | 108. | Jan Kiefer           | 42,2 km | 3:59:21 |
| M60   | 12.  | Peter Loth           | 42,2 km | 3:54:05 |
| M60   | 17.  | Helmut Eich          | 42,2 km | 3:57:28 |

#### 18.10.2015 Amsterdam, 40. Marathon

|     |      |                    |         |         |
|-----|------|--------------------|---------|---------|
| W20 | 324. | Mareike Hilgenberg | 42,2 km | 4:02:37 |
|-----|------|--------------------|---------|---------|

#### 18.10.2015 Magdeburg, 12. Marathon

|     |  |                    |           |         |
|-----|--|--------------------|-----------|---------|
| W55 |  | Eveline Schultheiß | 21,1 km W | 3:26:08 |
| M55 |  | Klaus Herrmann     | 21,1 km W | 2:43:59 |

#### 17.10.2015 Hachenburg, 29. Löwenlauf

|     |     |                 |         |         |
|-----|-----|-----------------|---------|---------|
| M70 | 1.  | Bernhard Marake | 10 km   | 55:08   |
| M45 | 17. | Peter Zängerle  | 42,2 km | 4:05:12 |

#### 11.10.2015 Söll/AUT, Pölven Trail (1200 Hm)

|     |     |               |       |         |
|-----|-----|---------------|-------|---------|
| W45 | 13. | Andrea Pörsch | 23 km | 3:22:39 |
| M45 | 67. | Dirk Pörsch   | 23 km | 3:22:40 |

**11.10.2015 München, 30. Marathon**

|     |      |                  |         |         |
|-----|------|------------------|---------|---------|
| M55 | 176. | Michael Jarmusch | 21,1 km | 2:02:59 |
|-----|------|------------------|---------|---------|

**11.10.2015 Mülheim-Kärlich, 4. Gewerbeparklauf**

|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| M70 | 1. | Bernhard Marake | 10 km | 52:30 |
| M75 | 1. | Dieter Schottes | 10 km | 49:31 |

**11.10.2015 Essen, 53. Marathon**

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| M40 | 58. | Olli Michaelis | 42,2 km | 3:57:24 |
|-----|-----|----------------|---------|---------|

**10.10.2015 Söll/AUT, Kaisermarathon (2345 Hm)**

|     |     |               |         |         |
|-----|-----|---------------|---------|---------|
| W45 | 12. | Andrea Pörsch | 42,2 km | 5:53:10 |
| M45 | 74. | Dirk Pörsch   | 42,2 km | 6:02:33 |

**10.10.2015 Ransbach-Baumbach, 31. Töpfermarktlauf**

|     |    |                    |        |       |
|-----|----|--------------------|--------|-------|
| W55 | 1. | Eveline Schultheiß | 5 km W | 47:39 |
| M55 | 1. | Klaus Herrmann     | 5 km W | 38:32 |

**09.10.2015 Söll/AUT, Söller Zehner (285 Hm)**

|     |     |               |       |       |
|-----|-----|---------------|-------|-------|
| W45 | 13. | Andrea Pörsch | 10 km | 54:47 |
| M45 | 73. | Dirk Pörsch   | 10 km | 55:03 |

**04.10.2015 Köln, Marathon**

|     |      |                     |         |         |
|-----|------|---------------------|---------|---------|
| W45 | 15.  | Monika Hummel       | 21,1 km | 1:41:44 |
| W45 | 269. | Claudia Vogt-Wisbar | 21,1 km | 2:07:52 |
| M45 | 287. | Peter Zängerle      | 21,1 km | 1:47:04 |
| M45 | 752. | Klaus-Martin Wisbar | 21,1 km | 2:07:52 |

**03.10.2015 Baar, 29. Volkslauf**

|     |    |               |         |         |
|-----|----|---------------|---------|---------|
| M50 | 2. | Arno Schubach | 21,1 km | 1:45:14 |
|-----|----|---------------|---------|---------|

**03.10.2015 Stahlhofen, 5. Westerwaldsteig-Lauf**

|     |    |                    |          |                      |
|-----|----|--------------------|----------|----------------------|
| W55 | 1. | Eveline Schultheiß | 10 km NW | 1:39:43              |
| M55 | 1. | Klaus Herrmann     | 10 km W  | 1:21:17 Gesamtsieger |

**03.10.2015 Koblenz, 4. Festungslauf**

|     |     |                 |        |         |
|-----|-----|-----------------|--------|---------|
| W40 | 5.  | Manuela Frohs   | 9,4 km | 1:01:10 |
| W45 | 3.  | Antje Ueberholz | 9,4 km | 48:37   |
| W45 | 4.  | Dirk Andrea     | 9,4 km | 48:50   |
| M45 | 14. | Dirk Pörsch     | 9,4 km | 48:50   |
| M70 | 1.  | Bernhard Marake | 9,4 km | 54:32   |
| M75 | 1.  | Dieter Schottes | 9,4 km | 50:41   |

**27.09.2015 Bickendorf, 9. Büdchenlauf**

|     |  |                    |        |       |
|-----|--|--------------------|--------|-------|
| W55 |  | Eveline Schultheiß | 5 km W | 44:46 |
| M55 |  | Klaus Herrmann     | 5 km W | 37:01 |

**27.09.2015 Polch, 13. Stadtlauf**

|     |      |                    |       |         |
|-----|------|--------------------|-------|---------|
| W   | 19.  | Anette Kahlenberg  | 5 km  | 24:56   |
| W   | 23.  | Susanne Scholz     | 5 km  | 25:20   |
| W   | 36.  | Birgit Kirschey    | 5 km  | 26:48   |
| M14 | 22.  | Denis Kahle        | 5 km  | 26:25   |
| M14 | 24.  | Philipp Kahle      | 5 km  | 26:56   |
| M   | 105. | Hans-Jürgen Kahle  | 5 km  | 26:25   |
| W40 | 6.   | Anja Müller        | 10 km | 52:18   |
| W40 | 8.   | Karin Fuhrmann     | 10 km | 53:59   |
| W40 | 9.   | Melanie Rehmann    | 10 km | 53:59   |
| W40 | 16.  | Eva-Maria Daute    | 10 km | 1:02:08 |
| W50 | 1.   | Gaby Reiländer     | 10 km | 47:19   |
| W55 | 2.   | Monika Schmidt     | 10 km | 54:13   |
| W70 | 1.   | Rosi Kraemer       | 10 km | 59:51   |
| M45 | 6.   | Thomas Kraemer     | 10 km | 43:45   |
| M45 | 11.  | Andreas Decker     | 10 km | 44:59   |
| M45 | 16.  | Hans-Jürgen Kahle  | 10 km | 46:25   |
| M45 | 25.  | Burkhard Schneider | 10 km | 49:34   |

|     |     |                 |       |       |
|-----|-----|-----------------|-------|-------|
| M45 | 36. | Carsten Mand    | 10 km | 57:10 |
| M50 | 9.  | Arno Schubach   | 10 km | 44:45 |
| M50 | 15. | Richard Wagner  | 10 km | 48:20 |
| M70 | 1.  | Bernhard Marake | 10 km | 56:08 |
| M75 | 1.  | Dieter Schottes | 10 km | 49:17 |

#### 27.09.2015 Berlin, 42. Marathon

|     |       |                |         |         |
|-----|-------|----------------|---------|---------|
| W45 | 133.  | Monika Hummel  | 42,2 km | 3:40:16 |
| M40 | 1241. | Olli Michaelis | 42,2 km | 3:25:41 |

#### 26.09.2015 München, Oktoberfestlauf

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| M50 | 10. | Wolfgang Reith | 21,1 km | 1:55:52 |
|-----|-----|----------------|---------|---------|

#### 20.09.2015 Pleinfeld, Seenlandmarathon

|     |  |                    |            |         |
|-----|--|--------------------|------------|---------|
| W55 |  | Eveline Schultheiß | 21,1 km NW | 3:33:23 |
| M55 |  | Klaus Herrmann     | 21,1 km W  | 3:24:23 |

#### 20.09.2015 Vettelschoß, Run50 - 3. Lauf

|     |     |                    |       |         |
|-----|-----|--------------------|-------|---------|
| W20 | 2.  | Mareike Hilgenberg | 15 km | 1:21:16 |
| M45 | 13. | Niko Thomé         | 15 km | 1:21:17 |

#### 19.09.2015 Carlsberg, Pfalz-Trail

|     |     |             |         |         |
|-----|-----|-------------|---------|---------|
| W45 | 9.  | Sonja Seyda | 32,7 km | 4:21:53 |
| M45 | 23. | Dirk Seyda  | 32,7 km | 3:44:56 |

#### 19.09.2015 Vettelschoß, 10. Rheinhöhenlauf/Run50 - 2. Lauf

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| W20 | 2.  | Mareike Hilgenberg | 21,1 km | 1:54:49 |
| M45 | 18. | Niko Thomé         | 21,1 km | 1:54:49 |
| M50 | 9.  | Thomas Brent       | 21,1 km | 1:39:39 |
| M50 | 39. | Wolfgang Reith     | 21,1 km | 1:56:12 |

#### 18.09.2015 Vettelschoß, Run50 - 1. Lauf

|     |     |                    |       |         |
|-----|-----|--------------------|-------|---------|
| W20 | 2.  | Mareike Hilgenberg | 14 km | 1:32:15 |
| M45 | 18. | Niko Thomé         | 14 km | 1:32:15 |

#### 12.09.2015 Weikersburg, 23. Volkslauf

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| W45 | 1.  | Antje Ueberholz    | 10 km   | 50:52   |
| M75 | 1.  | Dieter Schottes    | 10 km   | 53:07   |
| M40 | 7.  | Thomas Brunnhubner | 21,1 km | 1:50:10 |
| M45 | 12. | Hans-Jürgen Kahle  | 21,1 km | 1:54:41 |
| M50 | 3.  | Thomas Brent       | 21,1 km | 1:39:37 |
| M50 | 5.  | Arno Schubach      | 21,1 km | 1:50:11 |

#### 06.09.2015 Bostalsee, Top Race Germany

|     |    |                     |                |                               |
|-----|----|---------------------|----------------|-------------------------------|
| W40 | 1. | Manuela Frohs       | 1,5/38,7/10 km | 3:00:33 (32:03/1:34:26/55:04) |
| M50 | 7. | Alexander Irschfeld | 1,5/38,7/10 km | 2:45:44 (35:22/1:22:03/48:19) |

#### 06.09.2015 Wallmerod, 25. Bahnhofslauf

|     |    |                 |       |         |
|-----|----|-----------------|-------|---------|
| M70 | 1. | Bernhard Marake | 10 km | 50:49   |
| M45 | 9. | Peter Zängerle  | 25 km | 2:11:27 |
| M50 | 6. | Arno Schubach   | 25 km | 1:56:03 |

#### 06.09.2015 Brauweiler, 10. Abteilauflauf

|     |     |                    |        |       |
|-----|-----|--------------------|--------|-------|
| W55 | 12. | Eveline Schultheiß | 5 km W | 45:23 |
| M55 | 3.  | Klaus Herrmann     | 5 km W | 37:41 |

#### 05.09.2015 Schillingen, 6. Hochwald-Marathon

|     |    |                |         |         |                |
|-----|----|----------------|---------|---------|----------------|
| W30 | 1. | Jennifer Weber | 42,2 km | 3:53:06 | Gesamtsiegerin |
|-----|----|----------------|---------|---------|----------------|

#### 05.09.2015 Plettenberg, P-Weg-Marathon

|     |     |               |         |         |
|-----|-----|---------------|---------|---------|
| W45 | 4.  | Andrea Pörsch | 42,2 km | 4:12:54 |
| M45 | 11. | Dirk Pörsch   | 42,2 km | 4:31:04 |

#### 30.08.2015 Wetzlar, 5. Lahnparklauf

|     |     |                |      |         |
|-----|-----|----------------|------|---------|
| M45 | 12. | Peter Zängerle | 30km | 3:08:48 |
|-----|-----|----------------|------|---------|

**30.08.2015 Sechtem, 3. Burgenlauf**

|     |    |                    |        |       |
|-----|----|--------------------|--------|-------|
| W55 | 4. | Eveline Schultheiß | 5 km W | 48:26 |
| M55 | 1. | Klaus Herrmann     | 5 km W | 38:39 |

**30.08.2015 Köln, 35. Brückenlauf**

|     |      |                     |       |         |
|-----|------|---------------------|-------|---------|
| W45 | 31.  | Jennifer Hamm       | 15 km | 1:35:51 |
| W50 | 24.  | Christiane Magiros  | 15 km | 1:41:06 |
| M50 | 155. | Martin Mitscherling | 15 km | 1:35:51 |

**29.08.2015 Tangermünde, 2. Lichterlauf**

|     |    |                |         |       |
|-----|----|----------------|---------|-------|
| M40 | 4. | Olli Michaelis | 10,8 km | 49:10 |
|-----|----|----------------|---------|-------|

**29.08.2015 Gillenfeld, 18. Maare-Mosel-Lauf**

|     |     |                   |         |         |
|-----|-----|-------------------|---------|---------|
| W45 | 7.  | Anette Kahlenberg | 10 km   | 54:58   |
| M50 | 30. | Rudolf Kahlenberg | 10 km   | 59:43   |
| M75 | 1.  | Dieter Schottes   | 10 km   | 50:56   |
| M45 | 26. | Niko Thomé        | 21,1 km | 1:55:38 |

**29.08.2015 Altenahr, 5. Panoramalauf „Rund um die Burg Are“**

|     |     |                  |       |         |
|-----|-----|------------------|-------|---------|
| W30 | 2.  | Jennifer Weber   | 33 km | 3:12:29 |
| W35 | 2.  | Diana Hellebrand | 33 km | 3:16:50 |
| W45 | 3.  | Andrea Pörsch    | 33 km | 3:29:19 |
| W45 | 6.  | Antje Ueberholz  | 33 km | 3:48:13 |
| W45 | 7.  | Sonja Seyda      | 33 km | 4:28:52 |
| M45 | 10. | Jens Kraemer     | 33 km | 3:17:03 |
| M45 | 16. | Dirk Pörsch      | 33 km | 3:52:48 |
| W45 | 2.  | Monika Hummel    | 52 km | 6:08:31 |

**23.08.2015 Sonthofen, 9. Allgäu-Panorama-Marathon**

|     |    |                  |       |         |
|-----|----|------------------|-------|---------|
| W35 | 3. | Diana Hellebrand | 70 km | 9:35:15 |
|-----|----|------------------|-------|---------|

**23.08.2015 Simmern, Hunsrück-Marathon**

|     |     |                       |         |         |
|-----|-----|-----------------------|---------|---------|
| W20 | 2.  | Mareike Hilgenberg    | 21,1 km | 1:45:05 |
| W30 | 2.  | Laura Schwickardi     | 21,1 km | 1:50:54 |
| W40 | 5.  | Michaela Müller       | 21,1 km | 1:54:40 |
| W40 | 8.  | Stephanie van de Sand | 21,1 km | 1:59:15 |
| W45 | 3.  | Andrea Pörsch         | 21,1 km | 1:51:09 |
| W45 | 21. | Jennifer Hamm         | 21,1 km | 2:10:24 |
| W45 | 22. | Heide Kiefer          | 21,1 km | 2:14:12 |
| W50 | 4.  | Martina Schulz        | 21,1 km | 1:50:51 |
| W70 | 1.  | Rosi Kraemer          | 21,1 km | 2:19:11 |
| M40 | 10. | Thomas Brunnhubner    | 21,1 km | 1:37:41 |
| M40 | 14. | Thomas Kraemer        | 21,1 km | 1:40:20 |
| M45 | 24. | Hans-Jürgen Kahle     | 21,1 km | 1:45:21 |
| M45 | 28. | Dirk Pörsch           | 21,1 km | 1:47:42 |
| M50 | 3.  | Harald Müller         | 21,1 km | 1:31:04 |
| M50 | 24. | Richard Wagner        | 21,1 km | 1:49:56 |
| M60 | 10. | Helmut Eich           | 21,1 km | 1:54:09 |
| W45 | 2.  | Monika Hummel         | 42,2 km | 3:39:19 |
| M40 | 2.  | Mario Pommer          | 42,2 km | 3:13:42 |
| M45 | 23. | Peter Zängerle        | 42,2 km | 3:57:04 |
| M45 | 24. | Jan Kiefer            | 42,2 km | 3:57:04 |
| M50 | 24. | Johannes Bertus       | 42,2 km | 4:13:29 |

**22.08.2015 Bengel/Eifel, 3. Kondelwaldlauf**

|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| M75 | 1. | Dieter Schottes | 10 km | 53:11 |
|-----|----|-----------------|-------|-------|

**22.08.2015 Waren/Müritz, 15. Müritz-Lauf**

|     |    |                |       |         |
|-----|----|----------------|-------|---------|
| M40 | 8. | Olli Michaelis | 75 km | 8:05:32 |
|-----|----|----------------|-------|---------|

**22.08.2015 Niederzier, 26. Hambacher Straßenlauf**

|     |    |                    |         |         |
|-----|----|--------------------|---------|---------|
| W55 | 1. | Eveline Schultheiß | 10 km W | 1:38:23 |
| M55 | 1. | Klaus Herrmann     | 10 km W | 1:17:19 |

**15.08.2015 Gamlen, 5. Brohlbachtal-Lauf**

|     |    |                    |         |         |
|-----|----|--------------------|---------|---------|
| W40 | 3. | Manuela Frohs      | 10 km   | 52:55   |
| W45 | 2. | Antje Ueberholz    | 10 km   | 52:03   |
| M50 | 3. | Wolfgang Scholz    | 10 km   | 50:15   |
| M70 | 1. | Bernhard Marake    | 10 km   | 53:22   |
| M40 | 2. | Thomas Brunnhübner | 21,1 km | 1:43:12 |
| M45 | 5. | Niko Thomé         | 21,1 km | 1:50:07 |
| M50 | 1. | Arno Schubach      | 21,1 km | 1:44:22 |

**15.08.2015 Braubach, 5. UNESCO-Welterbe-Lauf**

|     |    |                     |        |         |                |
|-----|----|---------------------|--------|---------|----------------|
| W55 | 9. | Eveline Schultheiß  | 5 km W | 51:38   | Gesamtsiegerin |
| M55 | 3. | Klaus Herrmann      | 5 km W | 39:40   |                |
| W   | 4. | Irmgard Kurtenacker | 5 km   | 32:22   |                |
| W45 | 1. | Andrea Pörsch       | 10 km  | 50:25   |                |
| W45 | 2. | Anette Kahlenberg   | 10 km  | 54:24   |                |
| W45 | 4. | Judith Jost         | 10 km  | 58:25   |                |
| M40 | 5. | Olli Michaelis      | 10 km  | 46:15   |                |
| M45 | 2. | Hans-Jürgen Kahle   | 10 km  | 49:18   |                |
| M45 | 3. | Dirk Pörsch         | 10 km  | 49:59   |                |
| M50 | 3. | Richard Wagner      | 10 km  | 49:06   |                |
| M50 | 7. | Rudolf Kahlenberg   | 10 km  | 58:23   |                |
| M60 | 6. | Peter Fuhrmann      | 10 km  | 1:00:40 |                |

**13.08.2015 Köln, BusinessRun Cologne**

|     |      |                    |          |       |
|-----|------|--------------------|----------|-------|
| W55 | 141. | Eveline Schultheiß | 5,4 km W | 50:20 |
| M55 | 401. | Klaus Herrmann     | 5,4 km W | 40:24 |

**09.08.2015 Monschau, 39. Marathon**

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| W45 | 7.  | Andrea Pörsch  | 42,2 km | 4:08:21 |
| M40 | 28. | Olli Michaelis | 42,2 km | 3:57:13 |
| M45 | 36. | Dirk Pörsch    | 42,2 km | 4:14:00 |

**07.08.2015 Hausen/Wied, 16. Malberglauf**

|     |    |                  |      |       |
|-----|----|------------------|------|-------|
| W35 | 1. | Diana Hellebrand | 6 km | 32:55 |
| M70 | 1. | Bernhard Marake  | 6 km | 42:34 |

**02.08.2015 Leiwen, 3. Trail Römische Weinstraße**

|     |    |                  |       |         |
|-----|----|------------------|-------|---------|
| W30 | 2. | Diana Hellebrand | 31 km | 3:19:57 |
| W30 | 3. | Jennifer Weber   | 31 km | 3:33:33 |
| W40 | 5. | Monika Hummel    | 31 km | 3:27:49 |

**02.08.2015 Glücksburg, 14. Ostseeman**

|     |                |                 |                                    |
|-----|----------------|-----------------|------------------------------------|
| M45 | Andreas Decker | 3,8/180/42,2 km | 11:04:22 (1:05:35/5:32:50/4:25:00) |
|-----|----------------|-----------------|------------------------------------|

**01.08.2015 Rostock, 13. Nachtmarathon**

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| M40 | 18. | Olli Michaelis | 42,2 km | 3:58:25 |
|-----|-----|----------------|---------|---------|

**01.08.2015 Heimbach-Weis, 30. Volkslauf**

|     |    |                 |       |         |
|-----|----|-----------------|-------|---------|
| W40 | 1. | Susanne Scholz  | 10 km | 57:46   |
| W40 | 2. | Karin Fuhrmann  | 10 km | 59:09   |
| M50 | 3. | Wolfgang Scholz | 10 km | 53:09   |
| M60 | 9. | Peter Fuhrmann  | 10 km | 1:00:04 |

**01.08.2015 Brodenbach, 11. Berglauf**

|     |    |                 |        |       |
|-----|----|-----------------|--------|-------|
| M45 | 4. | Thomas Kraemer  | 5,9 km | 28:34 |
| M70 | 1. | Bernhard Marake | 5,9 km | 35:18 |

**31.07.2015 Platten, 15. Volkslauf**

|     |    |                    |       |       |
|-----|----|--------------------|-------|-------|
| W20 | 1. | Mareike Hilgenberg | 10 km | 45:19 |
| M45 | 7. | Niko Thomé         | 10 km | 46:13 |

**25.07.2015 Ehrwald/AUT, Zugspitz-Marathon**

|     |     |              |         |         |
|-----|-----|--------------|---------|---------|
| M45 | 58. | Thomas Brent | 42,2 km | 9:07:58 |
|-----|-----|--------------|---------|---------|

**25.07.2015 Nürburgringlauf**



|     |     |                  |         |         |
|-----|-----|------------------|---------|---------|
| W35 | 1.  | Diana Hellebrand | 24,4 km | 1:57:22 |
| M40 | 23. | Olli Michaelis   | 24,4 km | 2:05:37 |
| M50 | 45. | Johannes Bertus  | 24,4 km | 2:09:11 |

#### 25.07.2015 Höhr-Grenzhausen, münz extremlauf

|     |    |                 |       |         |
|-----|----|-----------------|-------|---------|
| W45 | 1. | Antje Ueberholz | 12 km | 1:18:34 |
| M70 | 1. | Bernhard Marake | 12 km | 1:29:15 |

#### 22.07.2015 Ochtendung, 46. Volkslauf

|     |    |                      |       |         |
|-----|----|----------------------|-------|---------|
| W35 | 1. | Diana Hellebrand     | 10 km | 45:16   |
| W40 | 2. | Susanne Scholz       | 10 km | 57:44   |
| W45 | 6. | Sonja Seyda          | 10 km | 1:03:43 |
| W55 | 3. | Petra Itschert-Rasch | 10 km | 1:01:22 |
| M40 | 2. | Olli Michaelis       | 10 km | 46:55   |
| M50 | 5. | Wolfgang Scholz      | 10 km | 51:00   |
| M75 | 1. | Dieter Schottes      | 10 km | 55:14   |

#### 19.07.2015 Oestrich-Winkel, 8. Rheingauer Halbmarathon

|     |    |            |         |         |
|-----|----|------------|---------|---------|
| M45 | 6. | Jan Kiefer | 21,1 km | 1:49:50 |
|-----|----|------------|---------|---------|

#### 19.07.2015 Füssen, Königsschlösser Romantik Marathon

|     |    |                |         |         |
|-----|----|----------------|---------|---------|
| M40 | 9. | Olli Michaelis | 42,2 km | 3:40:30 |
|-----|----|----------------|---------|---------|

#### 18.07.2015 Graun/ITA, 16. Reschenseelauf

|   |  |                    |            |         |
|---|--|--------------------|------------|---------|
| W |  | Eveline Schultheiß | 15,3 km NW | 2:36:02 |
| M |  | Klaus Herrmann     | 15,3 km NW | 2:14:36 |

#### 18.07.2015 Holzfeld, 14. Kulleslauf

|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| M70 | 1. | Bernhard Marake | 10 km | 53:07 |
|-----|----|-----------------|-------|-------|

#### 17.07.2015 Grindelwald/CH, 4. Eiger Ultra Trail

|     |     |                 |       |         |
|-----|-----|-----------------|-------|---------|
| FS1 | 32. | Antje Ueberholz | 51 km | 9:45:54 |
|-----|-----|-----------------|-------|---------|

#### 12.07.2015 Rüdesheim, 4. Rheingau-Triathlon „Rieslingman“

|        |     |                |               |                               |
|--------|-----|----------------|---------------|-------------------------------|
| Sen3 M | 7.  | Richard Wagner | 0,5/19,5/5 km | 1:32:24 (14:26/54:05/23:52)   |
| Sen1 M | 14. | Andreas Decker | 1/39,5/10 km  | 2:31:39 (18:48/1:24:25/48:25) |

#### 12.07.2015 Ettersdorf, 11. Wasserlauf

|     |    |                  |       |       |
|-----|----|------------------|-------|-------|
| W35 | 1. | Diana Hellebrand | 10 km | 41:40 |
| M70 | 1. | Bernhard Marake  | 10 km | 50:13 |

#### 11.07.2015 Niederbreitbach, 35. Straßenlauf

|     |    |                  |       |       |              |
|-----|----|------------------|-------|-------|--------------|
| M   | 1. | Christian Scholz | 5 km  | 18:06 | Gesamtsieger |
| M   | 5. | Wolfgang Scholz  | 5 km  | 22:32 |              |
| W40 | 2. | Susanne Scholz   | 10 km | 52:20 |              |
| W40 | 3. | Karin Fuhrmann   | 10 km | 56:06 |              |
| M40 | 5. | Olli Michaelis   | 10 km | 45:56 |              |
| M60 | 7. | Peter Fuhrmann   | 10 km | 58:46 |              |

#### 10.07.2015 Koblenz-Trier, 12. Hospizlauf

|   |  |                    |         |
|---|--|--------------------|---------|
| M |  | Rudolf Kahlenberg  | 11,8 km |
| W |  | Anette Kahlenberg  | 21,7 km |
| M |  | Peter Zängerle     | 21,7 km |
| M |  | Thomas Brunnhubner | 34,1 km |
| M |  | Olli Michaelis     | 34,1 km |
| W |  | Mareike Hilgenberg | 42,2 km |
| M |  | Niko Thomé         | 42,2 km |
| W |  | Antje Ueberholz    | 46,4 km |

#### 05.07.2015 Oberstdorf, Nebelhorn-Berglauf (1405 Hm)

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| M40 | 46. | Olli Michaelis | 10,5 km | 2:06:28 |
|-----|-----|----------------|---------|---------|

#### 04.07.2015 Horn, 26. Honiglauf

|     |    |                |      |       |
|-----|----|----------------|------|-------|
| W50 | 1. | Gaby Reiländer | 5 km | 24:57 |
| M45 | 2. | Thomas Kraemer | 5 km | 21:27 |



|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| M70 | 1. | Bernhard Marake | 10 km | 54:27 |
| M75 | 1. | Dieter Schottes | 10 km | 51:11 |

#### 04.07.2015 Tannheim/AUT, Seenlauf Tannheimer Tal

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| W   |     | Eveline Schultheiß | 10 km W | 1:46:31 |
| M   |     | Klaus Herrmann     | 10 km W | 1:28:01 |
| M40 | 10. | Olli Michaelis     | 22,2 km | 2:08:38 |

#### 28.06.2015 Trier, 32. Stadtlauf

|     |     |             |         |         |
|-----|-----|-------------|---------|---------|
| W45 | 15. | Anja Müller | 21,1 km | 2:00:59 |
|-----|-----|-------------|---------|---------|

#### 28.06.2015 7. Hennefer Siegtal-Triathlon

|     |    |                    |             |                             |
|-----|----|--------------------|-------------|-----------------------------|
| W20 | 7. | Mareike Hilgenberg | 0,7/20/5 km | 1:33:10 (16:11/52:59/24:01) |
|-----|----|--------------------|-------------|-----------------------------|

#### 27.06.2015 Mutscheid, 9. Mountain-Man

|                                 |    |                  |         |         |
|---------------------------------|----|------------------|---------|---------|
| W35                             | 1. | Diana Hellebrand | 19,4 km | 1:32:41 |
| dabei Wertung Eifel-Ahr-Bergcup |    |                  |         |         |
| W                               | 1. | Diana Hellebrand |         | 41 Pkt  |
| W35                             | 1. | Diana Hellebrand |         | 45 Pkt  |

#### 27.06.2015 Eitelborn, 45. Volkslauf „Rund um die Sporkenburg“

|     |     |                    |          |       |
|-----|-----|--------------------|----------|-------|
| W   | 3.  | Eveline Schultheiß | 5,2 km W | 51:22 |
| M   | 3.  | Klaus Herrmann     | 5,2 km W | 39:31 |
| M   | 13. | Philipp Kahle      | 5,2 km   | 28:53 |
| M   | 14. | Hans-Jürgen Kahle  | 5,2 km   | 28:55 |
| M45 | 4.  | Hans-Jürgen Kahle  | 10 km    | 48:08 |

#### 26.06.2015 Koblenz, Firmenlauf

|       |      |                       |      |       |
|-------|------|-----------------------|------|-------|
| WJU14 | 33.  | Nicole Kraemer        | 5 km | 33:11 |
| WU23  | 337. | Lea Kahlenberg        | 5 km | 36:41 |
| W30   | 639. | Michaela Blum         | 5 km | 57:07 |
| W35   | 306. | Julia Selling         | 5 km | 34:47 |
| W40   | 65.  | Stephanie van de Sand | 5 km | 27:04 |
| W40   | 452. | Anja Brunnhübner      | 5 km | 37:12 |
| W45   | 5.   | Monika Hummel         | 5 km | 22:28 |
| W45   | 50.  | Anette Kahlenberg     | 5 km | 26:26 |
| W50   | 111. | Christiane Magiros    | 5 km | 29:58 |
| W50   | 215. | Gaby Reiländer        | 5 km | 33:12 |
| W50   | 326. | Elisabeth Schröders   | 5 km | 36:50 |
| W50   | 559. | Conny Rörig           | 5 km | 49:28 |
| W55   | 40.  | Sylvia Lippert        | 5 km | 29:59 |
| W65   | 20.  | Helene Gattes         | 5 km | 49:46 |
| W70   | 1.   | Rosi Kraemer          | 5 km | 30:56 |
| M40   | 3.   | Mario Pommer          | 5 km | 18:54 |
| M40   | 4.   | Thomas Brunnhübner    | 5 km | 19:27 |
| M40   | 57.  | Olli Michaelis        | 5 km | 21:39 |
| M45   | 35.  | Thomas Kraemer        | 5 km | 20:35 |
| M45   | 84.  | Jens Kraemer          | 5 km | 21:50 |
| M45   | 129. | Peter Zängerle        | 5 km | 23:12 |
| M45   | 221. | Klaus-Martin Wisbar   | 5 km | 24:21 |
| M50   | 279. | Martin Mitscherling   | 5 km | 26:14 |
| M50   | 290. | Richard Wagner        | 5 km | 26:33 |
| M50   | 334. | Rudolf Kahlenberg     | 5 km | 27:06 |
| M50   | 701. | Dieter Schulz         | 5 km | 33:37 |
| M60   | 40.  | Helmut Eich           | 5 km | 26:33 |
| M75   | 1.   | Dieter Schottes       | 5 km | 24:18 |

#### 21.06.2015 Zell, 7. Mittelmosel-Triathlon

|     |     |                     |             |                               |
|-----|-----|---------------------|-------------|-------------------------------|
| M45 | 4.  | Hans-Jürgen Kahle   | 0,7/20/5 km | 1:21:23 (13:57/38:05/25:14)   |
| M50 | 8.  | Richard Wagner      | 0,7/20/5 km | 1:28:13 (14:45/40:13/25:34)   |
| W40 | 5.  | Manuela Frohs       | 2/40/10 km  | 3:04:45 (33:13/1:15:23/58:17) |
| M45 | 10. | Andreas Decker      | 2/40/10 km  | 2:33:16 (29:04/1:10:07/50:53) |
| M50 | 8.  | Alexander Irschfeld | 2/40/10 km  | 2:40:58 (35:43/1:14:55/46:38) |

#### 21.06.2015 Wilhelmshaven, 10. Gorch-Fock-Marathon

|     |     |                     |           |         |
|-----|-----|---------------------|-----------|---------|
| W55 | 7.  | Eveline Schulttheiß | 21,1 km W | 3:30:24 |
| M55 | 25. | Klaus Herrmann      | 21,1 km W | 2:42:24 |
| M40 | 6.  | Olli Michaelis      | 42,2 km   | 3:34:02 |

#### 21.06.2015 Dreikirchen, 19. Triathlon/Duathlon

|   |    |                |           |         |
|---|----|----------------|-----------|---------|
| M | 9. | Peter Zängerle | 1/22/5 km | 1:21:31 |
|---|----|----------------|-----------|---------|

#### 21.06.2015 Sohren, 6. Sommerlauf

|     |    |               |      |       |
|-----|----|---------------|------|-------|
| W45 | 3. | Silke Alberti | 9 km | 49:37 |
|-----|----|---------------|------|-------|

#### 20.06.2015 Alsbach, 2. Brexbachtalllauf

|     |    |                      |       |         |
|-----|----|----------------------|-------|---------|
| W45 | 4. | Sonja Seyda          | 10 km | 1:01:59 |
| W55 | 4. | Petra Itschert-Rasch | 10 km | 57:43   |
| W60 | 1. | Sibille Henn         | 10 km | 1:00:15 |
| M70 | 1. | Bernhard Marake      | 10 km | 51:35   |
| M40 | 4. | Mario Pommer         | 25 km | 1:55:48 |
| M50 | 4. | Arno Schubach        | 25 km | 2:10:34 |

#### 20.06.2015 Nassau, 8. Stundenpaarlauf

|     |    |                                    |  |         |
|-----|----|------------------------------------|--|---------|
| E/J | 2. | Susanne Scholz<br>Christian Scholz |  | 14727 m |
|-----|----|------------------------------------|--|---------|

#### 20.06.2015 Limburg, Sommernachtslauf

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| M45 | 11. | Peter Zängerle | 21,1 km | 1:50:42 |
|-----|-----|----------------|---------|---------|

#### 20.06.2015 Grainau, Zugspitz-Ultra-Trail

|     |     |                  |       |          |
|-----|-----|------------------|-------|----------|
| W35 | 12. | Diana Hellebrand | 91 km | 17:04:02 |
|-----|-----|------------------|-------|----------|

#### 14.06.2015 Köln, KKH-Lauf

|   |  |                     |          |         |
|---|--|---------------------|----------|---------|
| W |  | Eveline Schulttheiß | 2,2 km W | 21:02   |
| M |  | Klaus Herrmann      | 2,2 km W | 16:29   |
| W |  | Eveline Schulttheiß | 6,6 km W | 1:02:57 |
| M |  | Klaus Herrmann      | 6,6 km W | 49:05   |

#### 13.06.2015 Bad Neuenahr, 3. Ahrathon

|     |    |                 |         |         |
|-----|----|-----------------|---------|---------|
| M50 | 3. | Johannes Bertus | 42,2 km | 4:05:02 |
|-----|----|-----------------|---------|---------|

#### 12.06.2015 Koblenz, 21. Lauf „Rund um die CONLOG-Arena“

|       |    |                       |        |       |
|-------|----|-----------------------|--------|-------|
| M     |    | Klaus Herrmann        | 5 km W | 44:59 |
| Bam   |    | Maja Kraemer          | 400 m  | 2:56  |
| WJU14 | 2. | Nicole Kraemer        | 1 km   | 4:18  |
| MJU14 | 2. | Denis Kahle           | 1 km   | 4:07  |
| MJU14 | 3. | Philipp Kahle         | 1 km   | 4:08  |
| W     |    | Stephanie van de Sand | 5 km   | 26:15 |
| W     |    | Melanie Burdziak      | 5 km   | 30:21 |
| M     |    | Christian Scholz      | 5 km   | 18:27 |
| W30   | 2. | Laura Schwickardi     | 10 km  | 51:32 |
| M45   | 6. | Hans-Jürgen Kahle     | 10 km  | 47:19 |
| M45   | 7. | Dirk Pörsch           | 10 km  | 49:14 |
| M70   | 1. | Bernhard Marake       | 10 km  | 53:03 |
| M75   | 1. | Dieter Schottes       | 10 km  | 55:08 |

#### 10.06.2015 Lonnig, 25. Mittwochsvolkslauf

|     |     |                      |       |         |                |
|-----|-----|----------------------|-------|---------|----------------|
| W35 | 1.  | Diana Hellebrand     | 10 km | 43:02   | Gesamtsiegerin |
| W40 | 5.  | Susanne Scholz       | 10 km | 56:10   |                |
| W40 | 6.  | Karin Fuhrmann       | 10 km | 56:40   |                |
| W45 | 2.  | Antje Ueberholz      | 10 km | 52:42   |                |
| W45 | 4.  | Silke Alberti        | 10 km | 56:39   |                |
| W50 | 4.  | Gaby Reiländer       | 10 km | 52:33   |                |
| W55 | 1.  | Petra Itschert-Rasch | 10 km | 58:13   |                |
| W60 | 2.  | Sibille Henn         | 10 km | 1:02:24 |                |
| W70 | 1.  | Rosi Kraemer         | 10 km | 1:03:44 |                |
| M40 | 5.  | Olli Michaelis       | 10 km | 48:10   |                |
| M50 | 9.  | Wolfgang Scholz      | 10 km | 52:04   |                |
| M60 | 10. | Peter Fuhrmann       | 10 km | 59:42   |                |

|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| M75 | 1. | Dieter Schottes | 10 km | 52:54 |
|-----|----|-----------------|-------|-------|

#### 07.06.2015 Rhens, 16. MTB-Marathon

|        |     |                    |              |         |
|--------|-----|--------------------|--------------|---------|
| SenW   | 11. | Melanie Rehmann    | 30 km        | 1:57:45 |
| SenW   | 20. | Jennifer Hamm      | 30 km        | 2:09:50 |
| SenM 2 | 42. | Olli Michaelis     | 30 km        | 1:46:15 |
| SenM 2 |     | Thomas Brunnhübner | 30 km        | 3:24:49 |
| SenM 3 |     | Arno Schubach      | 30 km Laufen | 3:24:49 |
| SenM 3 |     | Helmut Eich        | 30 km Laufen | 3:24:49 |

#### 07.06.2015 Dernau, 34. Rotweinwanderweg-Volkslauf

|     |    |                     |       |         |
|-----|----|---------------------|-------|---------|
| W45 | 4. | Claudia Vogt-Wisbar | 10 km | 1:01:50 |
| W20 | 2. | Mareike Hilgenberg  | 20 km | 1:52:21 |
| W45 | 1. | Monika Hummel       | 20 km | 1:42:11 |
| M45 | 9. | Niko Thomé          | 20 km | 1:52:24 |
| M55 | 3. | Thomas Wiegand      | 20 km | 1:42:01 |

#### 07.06.2015 Köln, 7. Stadionlauf

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| W55 | 3.  | Eveline Schultheiß | 5 km W  | 47:19   |
| M55 | 15. | Klaus Herrmann     | 10 km W | 1:15:54 |

#### 06.06.2015 Hadamar, Waldlauf

|     |    |                |         |         |
|-----|----|----------------|---------|---------|
| M45 | 4. | Peter Zängerle | 21,1 km | 2:02:01 |
|-----|----|----------------|---------|---------|

#### 05.-07.05.2015 Hanau, 31. Brüder-Grimm-Lauf

|     |     |                |       |         |
|-----|-----|----------------|-------|---------|
| W40 | 20. | Andrea Pörsch  | 82 km | 7:48:54 |
| M40 | 13. | Mario Pommer   | 82 km | 5:52:40 |
| M40 | 42. | Thomas Kraemer | 82 km | 6:54:49 |
| M40 | 54. | Jens Kraemer   | 82 km | 7:07:54 |
| M40 | 77. | Dirk Pörsch    | 82 km | 7:55:40 |

#### 05.06.2015 Lahnstein, 31. Zwei-Flüsse-Lauf

|     |    |                 |       |         |
|-----|----|-----------------|-------|---------|
| W45 | 1. | Jennifer Hamm   | 10 km | 1:00:33 |
| M40 | 7. | Olli Michaelis  | 10 km | 52:23   |
| M75 | 1. | Dieter Schottes | 10 km | 55:23   |

#### 04.06.2015 Rhens, 29. Volkslauf

|     |     |                      |       |         |
|-----|-----|----------------------|-------|---------|
| W50 | 1.  | Gaby Reiländer       | 5 km  | 24:28   |
| M45 | 1.  | Thomas Brunnhübner   | 5 km  | 21:13   |
| M50 | 1.  | Arno Schubach        | 5 km  | 22:45   |
| W40 | 3.  | Susanne Scholz       | 10 km | 54:11   |
| W40 | 5.  | Melanie Rehmann      | 10 km | 55:22   |
| W45 | 2.  | Antje Ueberholz      | 10 km | 51:58   |
| W45 | 5.  | Anette Kahlenberg    | 10 km | 56:11   |
| W55 | 2.  | Petra Itschert-Rasch | 10 km | 58:36   |
| M40 | 4.  | Olli Michaelis       | 10 km | 50:26   |
| M40 | 8.  | Thomas Brunnhübner   | 10 km | 59:54   |
| M45 | 1.  | Niko Thomé           | 10 km | 47:21   |
| M45 | 5.  | Peter Zängerle       | 10 km | 50:25   |
| M45 | 7.  | Hans-Jürgen Kahle    | 10 km | 54:04   |
| M45 | 8.  | Klaus-Martin Wisbar  | 10 km | 59:54   |
| M50 | 1.  | Richard Wagner       | 10 km | 48:55   |
| M50 | 2.  | Wolfgang Scholz      | 10 km | 49:48   |
| M50 | 8.  | Uli Seel             | 10 km | 59:53   |
| M50 | 9.  | Arno Schubach        | 10 km | 59:54   |
| M50 | 10. | Rudolf Kahlenberg    | 10 km | 1:00:19 |
| M60 | 2.  | Peter Loth           | 10 km | 53:25   |
| M60 | 6.  | Helmut Eich          | 10 km | 59:54   |
| M70 | 1.  | Bernhard Marake      | 10 km | 55:15   |
| M75 | 1.  | Dieter Schottes      | 10 km | 52:54   |

#### 04.06.2015 Strombach, 22. Hasenrunde-Lambachtalllauf

|   |  |                    |         |         |
|---|--|--------------------|---------|---------|
| W |  | Eveline Schultheiß | 6 km NW | 1:02:31 |
| M |  | Klaus Herrmann     | 6 km W  | 46:55   |

**31.05.2015 Bonn/Bad Honnef, 8. Rheinsteigextremelauf**

|     |     |                  |       |         |
|-----|-----|------------------|-------|---------|
| W35 | 2.  | Diana Hellebrand | 35 km | 3:38:20 |
| W45 | 9.  | Andrea Pörsch    | 35 km | 4:13:58 |
| M45 | 30. | Dirk Pörsch      | 35 km | 4:24:34 |

**31.05.2015 Harsewinkel, 28. Pflüger-Triathlon**

|     |     |                |            |                                 |
|-----|-----|----------------|------------|---------------------------------|
| M45 | 15. | Andreas Decker | 2/80/20 km | 4:40:48 (38:18/2:20:54/1:41:37) |
|-----|-----|----------------|------------|---------------------------------|

**31.05.2015 Urbar, 2. Volkslauf**

|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| M55 | 2. | Thomas Wiegand  | 10 km | 48:18 |
| M70 | 1. | Bernhard Marake | 10 km | 57:54 |

**24.05.2015 Mülheim-Kärlich, 31. Straßenlauf**

|     |    |                     |       |       |
|-----|----|---------------------|-------|-------|
| W   | 6. | Isabel Maas         | 5 km  | 30:58 |
| W45 | 1. | Monika Hummel       | 10 km | 45:28 |
| W45 | 3. | Anette Kahlenberg   | 10 km | 52:45 |
| W45 | 4. | Anja Müller         | 10 km | 54:08 |
| W45 | 5. | Claudia Vogt-Wisbar | 10 km | 57:21 |
| M40 | 1. | Olli Michaelis      | 10 km | 45:08 |
| M45 | 7. | Klaus-Martin Wisbar | 10 km | 57:21 |
| M55 | 1. | Thomas Wiegand      | 10 km | 45:42 |
| M60 | 6. | Peter Loth          | 10 km | 51:17 |

**23.05.2015 Reichweiler, 7. Keufelskopf-Trail**

|     |    |                 |       |         |
|-----|----|-----------------|-------|---------|
| W45 | 3. | Antje Ueberholz | 45 km | 6:26:27 |
|-----|----|-----------------|-------|---------|

**23.05.2015 Jammelshofen, 30. Hocheifel-Volkslauf**

|     |    |                    |          |                        |
|-----|----|--------------------|----------|------------------------|
| W   | 1. | Eveline Schultheiß | 10 km NW | 1:38:50                |
| M   | 2. | Klaus Herrmann     | 10 km W  | 1:16:24                |
| W35 | 1. | Diana Hellebrand   | 21,1 km  | 1:39:58 Gesamtsiegerin |

**22.05.2015 Neuwied, 10. Deichlauf**

|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| W40 | 3. | Manuela Frohs   | 10 km | 52:18 |
| W45 | 2. | Andrea Pörsch   | 10 km | 50:22 |
| W45 | 6. | Sonja Heidger   | 10 km | 56:56 |
| W50 | 2. | Martina Schulz  | 10 km | 50:49 |
| M40 | 7. | Olli Michaelis  | 10 km | 46:07 |
| M60 | 5. | Peter Loth      | 10 km | 51:45 |
| M70 | 1. | Bernhard Marake | 10 km | 51:56 |

**21.05.2015 Kaiserslautern, 8. Firmenlauf**

|     |  |                   |      |       |
|-----|--|-------------------|------|-------|
| M35 |  | Dominic Reinhardt | 5 km | 24:27 |
|-----|--|-------------------|------|-------|

**17.05.2015 Koblenz, 11. Mittelrhein-Marathon**

|     |     |                     |         |         |
|-----|-----|---------------------|---------|---------|
| W35 | 7.  | Julia Selling       | 10 km   | 1:14:37 |
| W40 | 13. | Katy Brunco         | 10 km   | 1:00:32 |
| W45 | 1.  | Monika Hummel       | 10 km   | 45:44   |
| W50 | 2.  | Gaby Reiländer      | 10 km   | 51:29   |
| W50 | 21. | Isabel Maas         | 10 km   | 1:04:54 |
| W55 | 2.  | Monika Schmidt      | 10 km   | 54:50   |
| W55 | 10. | Sigrid Fischer      | 10 km   | 1:21:28 |
| W60 | 2.  | Ursula Müller       | 10 km   | 1:21:28 |
| M45 | 5.  | Burkhard Schneider  | 10 km   | 49:17   |
| M55 | 2.  | Thomas Wiegand      | 10 km   | 46:09   |
| W30 | 5.  | Laura Schwickardi   | 21,1 km | 1:48:38 |
| W40 | 7.  | Manuela Frohs       | 21,1 km | 1:55:23 |
| W40 | 16. | Karin Fuhrmann      | 21,1 km | 2:01:57 |
| W45 | 16. | Anette Kahlenberg   | 21,1 km | 1:58:13 |
| W45 | 38. | Judith Jost         | 21,1 km | 2:12:09 |
| W50 | 14. | Monika Knebel       | 21,1 km | 2:05:34 |
| W70 | 1.  | Rosi Kraemer        | 21,1 km | 2:16:04 |
| M45 | 50. | Peter Zängerle      | 21,1 km | 1:53:10 |
| M50 | 5.  | Alexander Irschfeld | 21,1 km | 1:31:54 |
| M50 | 18. | Richard Wagner      | 21,1 km | 1:46:17 |
| M50 | 65. | Rudolf Kahlenberg   | 21,1 km | 2:05:41 |

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| M55 | 34. | Bernhard Widera    | 21,1 km | 2:02:29 |
| M60 | 14. | Helmut Eich        | 21,1 km | 1:54:48 |
| M70 | 5.  | Peter Griesel      | 21,1 km | 2:17:41 |
| M75 | 1.  | Dieter Schottes    | 21,1 km | 1:51:24 |
| W20 | 3.  | Mareike Hilgenberg | 21,1 km | 4:16:57 |
| M45 | 9.  | Thomas Brunnhübner | 42,2 km | 3:30:49 |
| M45 | 43. | Niko Thomé         | 42,2 km | 4:16:58 |

#### 14.05.2015 Westum, 39. Murrelauf

|     |    |                    |          |         |
|-----|----|--------------------|----------|---------|
| W   |    | Eveline Schultheiß | 10 km NW | 1:44:05 |
| M   |    | Klaus Herrmann     | 10 km W  | 1:16:20 |
| M40 | 4. | Olli Michaelis     | 21,1 km  | 1:46:14 |

#### 13.05.2015 Boppard, 30. Mailauf

|       |     |                      |      |       |
|-------|-----|----------------------|------|-------|
| W40   | 7.  | Manuela Frohs        | 5 km | 26:55 |
| W45   | 4.  | Andrea Pörsch        | 5 km | 24:05 |
| W45   | 7.  | Silke Alberti        | 5 km | 26:18 |
| W45   | 8.  | Sonja Seyda          | 5 km | 27:40 |
| W55   | 1.  | Petra Itschert-Rasch | 5 km | 26:19 |
| W60   | 3.  | Sibille Henn         | 5 km | 27:38 |
| MJU20 | 1.  | Christian Scholz     | 5 km | 17:18 |
| M45   | 15. | Dirk Pörsch          | 5 km | 22:38 |
| M50   | 6.  | Wolfgang Scholz      | 5 km | 21:02 |
| M75   | 2.  | Dieter Schottes      | 5 km | 23:59 |

#### 10.05.2015 Magdeburg, 13. Elbe-Brücken-Lauf

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| M40 | 17. | Olli Michaelis | 21,1 km | 1:45:33 |
|-----|-----|----------------|---------|---------|

#### 10.05.2015 Saarbrücken, 4. Hartfüßlertrail

|   |     |                  |       |         |
|---|-----|------------------|-------|---------|
| W | 3.  | Jennifer Weber   | 30 km | 3:13:07 |
| W | 7.  | Antje Ueberholz  | 30 km | 3:33:23 |
| W | 5.  | Diana Hellebrand | 58 km | 6:37:26 |
| M | 46. | Thomas Brent     | 58 km | 7:06:30 |

#### 10.05.2015 Mainz, Gutenberg-Marathon

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| W20 | 18. | Mareike Hilgenberg | 21,1 km | 1:40:46 |
|-----|-----|--------------------|---------|---------|

#### 10.05.2015 Köln, Monte Troodelöh-Walking Day

|   |  |                    |         |         |
|---|--|--------------------|---------|---------|
| W |  | Eveline Schultheiß | 10 km W | 1:41:57 |
| M |  | Klaus Herrmann     | 10 km W | 1:21:58 |

#### 09.05.2015 Mannheim, SAP-Arena-Marathon

|     |     |                   |         |         |
|-----|-----|-------------------|---------|---------|
| W45 | 12. | Andrea Pörsch     | 21,1 km | 1:48:12 |
| M45 | 62. | Dirk Pörsch       | 42,2 km | 3:56:16 |
| M45 | 67. | Hans-Jürgen Kahle | 42,2 km | 3:58:38 |

#### 09.05.2015 Nürburgring, Fisherman´s Friend Strongmanrun

|   |       |                    |       |         |
|---|-------|--------------------|-------|---------|
| W | 375.  | Michaela Müller    | 24 km | 3:04:27 |
| M | 1789. | Thomas Brunnhübner | 24 km | 2:43:45 |
| M | 1791. | Arno Schubach      | 24 km | 2:43:45 |

#### 09.05.2015 Bad Ems, 9. Stadtlauf

|     |     |                    |       |         |
|-----|-----|--------------------|-------|---------|
| W40 | 2.  | Melanie Rehmann    | 10 km | 53:45   |
| W45 | 3.  | Anja Müller        | 10 km | 54:44   |
| W45 | 5.  | Silke Alberti      | 10 km | 56:51   |
| W50 | 2.  | Monika Knebel      | 10 km | 56:10   |
| M45 | 6.  | Thomas Kraemer     | 10 km | 43:14   |
| M45 | 10. | Burkhard Schneider | 10 km | 50:59   |
| M50 | 9.  | Richard Wagner     | 10 km | 47:30   |
| M50 | 16. | Uli Seel           | 10 km | 58:27   |
| M60 | 11. | Peter Fuhrmann     | 10 km | 1:03:10 |
| M70 | 1.  | Bernhard Marake    | 10 km | 52:24   |

#### 09.05.2015 Schmiedefeld, 43. Rennsteiglauf

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| W50 | 38. | Martina Schulz | 43,5 km | 4:44:20 |
|-----|-----|----------------|---------|---------|

|     |      |                 |         |         |
|-----|------|-----------------|---------|---------|
| M50 | 173. | Johannes Bertus | 72,2 km | 8:29:11 |
|-----|------|-----------------|---------|---------|

**06.05.2015 Mayen, 9. Stadionmeeting**

|     |    |                 |        |          |
|-----|----|-----------------|--------|----------|
| M70 | 1. | Bernhard Marake | 5000 m | 25:15,86 |
|-----|----|-----------------|--------|----------|

**03.05.2015 Windhagen, Marathon**

|     |    |                  |         |         |
|-----|----|------------------|---------|---------|
| W35 | 1. | Diana Hellebrand | 42,2 km | 3:37:40 |
|-----|----|------------------|---------|---------|

**03.05.2015 Frechen, 9. Frühlingslauf**

|     |  |                    |        |       |
|-----|--|--------------------|--------|-------|
| W55 |  | Eveline Schultheiß | 5 km W | 46:15 |
|-----|--|--------------------|--------|-------|

|     |  |                |        |       |
|-----|--|----------------|--------|-------|
| M55 |  | Klaus Herrmann | 5 km W | 36:53 |
|-----|--|----------------|--------|-------|

**03.05.2015 Koblenz, 4. City-Triathlon**

|         |     |                         |             |                             |
|---------|-----|-------------------------|-------------|-----------------------------|
| W40     | 4.  | Manuela Frohs           | 0,5/20/5 km | 1:17:30 (9:54/42:02/25:34)  |
| M45     | 21. | Andreas Decker          | 0,5/20/5 km | 1:12:13 (8:06/38:16/25:51)  |
| M50     | 8.  | Alexander Irschfeld     | 0,5/20/5 km | 1:08:46 (11:12/35:26/22:08) |
| Staffel | 2.  | tre folle               | 0,5/20/5 km | 1:06:53                     |
|         |     | Mareike Hilgenberg      |             | 8:38                        |
|         |     | Niko Thomé              |             | 37:20                       |
|         |     | Thomas Brunnhübner      |             | 20:55                       |
| Staffel | 3.  | Moni´s Triathlonteam II | 0,5/20/5 km | 1:14:01                     |
|         |     | Klaus-Martin Wisbar     |             | 12:01                       |
|         |     | Peter Zängerle          |             | 39:49                       |
|         |     | Olli Michaelis          |             | 22:11                       |
| Staffel | 4.  | Moni´s Triathlonteam I  | 0,5/20/5 km | 1:25:58                     |
|         |     | Maike Hummel            |             | 10:44                       |
|         |     | Claudia Vogt-Wisbar     |             | 52:37                       |
|         |     | Monika Hummel           |             | 22:37                       |

**02.05.2015 Renesse/NL, 5. Halve van Renesse**

|     |     |               |         |         |
|-----|-----|---------------|---------|---------|
| M50 | 13. | Harald Müller | 21,1 km | 1:41:25 |
|-----|-----|---------------|---------|---------|

**01.05.2015 Wesel-Flüren, 39. Halbmarathon**

|     |     |                     |         |         |
|-----|-----|---------------------|---------|---------|
| W50 | 1.  | Christiane Magiros  | 5 km    | 28:30   |
| W55 | 3.  | Sylvia Lippert      | 21,1 km | 2:05:59 |
| M50 | 18. | Martin Mitscherling | 21,1 km | 1:59:44 |

**01.05.2015 Mendig, 34. Vulkan-Halbmarathon**

|     |     |                      |         |         |
|-----|-----|----------------------|---------|---------|
| W40 | 10. | Melanie Rehmann      | 10 km   | 58:42   |
| W40 | 11. | Susanne Scholz       | 10 km   | 59:14   |
| W40 | 12. | Karin Fuhrmann       | 10 km   | 59:49   |
| W45 | 2.  | Monika Hummel        | 10 km   | 50:30   |
| W45 | 5.  | Anette Kahlenberg    | 10 km   | 55:50   |
| W45 | 9.  | Jennifer Hamm        | 10 km   | 59:23   |
| W45 | 10. | Sonja Heidger        | 10 km   | 59:35   |
| W45 | 13. | Anja Müller          | 10 km   | 1:00:55 |
| W45 | 18. | Claudia Vogt-Wisbar  | 10 km   | 1:04:02 |
| W45 | 20. | Sonja Seyda          | 10 km   | 1:05:32 |
| W55 | 5.  | Petra Itschert-Rasch | 10 km   | 1:01:23 |
| W60 | 4.  | Sibille Henn         | 10 km   | 1:05:31 |
| W70 | 2.  | Rosi Kraemer         | 10 km   | 1:08:09 |
| M40 | 20. | Olli Michaelis       | 10 km   | 1:00:21 |
| M45 | 9.  | Thomas Kraemer       | 10 km   | 48:09   |
| M50 | 10. | Wolfgang Scholz      | 10 km   | 53:09   |
| M50 | 12. | Richard Wagner       | 10 km   | 54:40   |
| M50 | 20. | Rudolf Kahlenberg    | 10 km   | 59:16   |
| M50 | 21. | Wolfgang Reith       | 10 km   | 59:25   |
| M60 | 15. | Peter Fuhrmann       | 10 km   | 1:03:39 |
| M70 | 2.  | Bernhard Marake      | 10 km   | 1:01:27 |
| W35 | 1.  | Diana Hellebrand     | 21,1 km | 1:35:17 |
| W45 | 2.  | Antje Ueberholz      | 21,1 km | 1:54:51 |
| W45 | 8.  | Silke Alberti        | 21,1 km | 2:16:52 |
| W50 | 3.  | Martina Schulz       | 21,1 km | 1:57:28 |
| W60 | 3.  | Helga Schinke        | 21,1 km | 2:23:03 |
| M45 | 13. | Dirk Pörsch          | 21,1 km | 1:51:33 |

|     |     |                     |         |         |
|-----|-----|---------------------|---------|---------|
| M45 | 15. | Hans-Jürgen Kahle   | 21,1 km | 1:55:23 |
| M45 | 20. | Klaus-Martin Wisbar | 21,1 km | 1:58:49 |
| M50 | 8.  | Arno Schubach       | 21,1 km | 1:48:11 |
| M50 | 10. | Johannes Bertus     | 21,1 km | 1:49:17 |
| M40 | 2.  | Mario Pommer        | 42,2 km | 3:22:27 |

#### 26.04.2015 Dresden, 18. Oberelbe-Marathon

|     |      |            |         |         |
|-----|------|------------|---------|---------|
| M45 | 116. | Niko Thomé | 42,2 km | 4:09:10 |
|-----|------|------------|---------|---------|

#### 26.04.2015 Bielefeld, 44. Hermannslauf

|     |      |               |         |         |
|-----|------|---------------|---------|---------|
| M40 | 168. | Andeas Decker | 31,1 km | 2:40:58 |
|-----|------|---------------|---------|---------|

#### 26.04.2015 Landkern, 3. Untermosel-Lauf

|     |    |               |         |         |
|-----|----|---------------|---------|---------|
| M50 | 1. | Arno Schubach | 21,1 km | 1:49:04 |
|-----|----|---------------|---------|---------|

#### 26.04.2015 Hamburg, 30. Marathon

|     |      |                    |         |         |
|-----|------|--------------------|---------|---------|
| W40 | 210. | Michaela Müller    | 42,2 km | 4:07:11 |
| W45 | 45.  | Monika Hummel      | 42,2 km | 3:38:05 |
| M40 | 442. | Thomas Brunnhubner | 42,2 km | 3:29:01 |
| M40 | 995. | Olli Michaelis     | 42,2 km | 3:56:17 |
| M60 | 162. | Helmut Eich        | 42,2 km | 4:07:13 |

#### 25.04.2015 Wernigerode, 36. Harzquerung

|     |    |                 |       |         |
|-----|----|-----------------|-------|---------|
| W45 | 9. | Antje Ueberholz | 51 km | 5:51:26 |
|-----|----|-----------------|-------|---------|

#### 25.04.2015 Hönningen, 8. Lauf „Rund um die Teufelsley“

|     |    |                  |       |         |                |
|-----|----|------------------|-------|---------|----------------|
| W35 | 1. | Diana Hellebrand | 16 km | 1:11:57 | Gesamtsiegerin |
|-----|----|------------------|-------|---------|----------------|

#### 25.04.2015 Neuhäusel, 23. Lauf „Rund ums Nonnenheck“

|     |    |                   |       |       |
|-----|----|-------------------|-------|-------|
| W45 | 4. | Anette Kahlenberg | 10 km | 56:03 |
| W45 | 5. | Jennifer Hamm     | 10 km | 56:05 |
| M50 | 7. | Rudolf Kahlenberg | 10 km | 56:04 |
| M70 | 1. | Bernhard Marake   | 10 km | 52:54 |

#### 19.04.2015 Leipzig, 39. Marathon

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| W55 | 19. | Eveline Schultheiß | 10 km W | 1:35:52 |
| M55 | 49. | Klaus Herrmann     | 10 km W | 1:16:43 |

#### 19.04.2015 Bonn, 15. Deutsche Post Marathon

|     |      |                   |         |         |
|-----|------|-------------------|---------|---------|
| W30 | 55.  | Laura Schwickardi | 21,1 km | 1:49:07 |
| W40 | 53.  | Michaela Müller   | 21,1 km | 1:53:31 |
| W40 | 55.  | Manuela Frohs     | 21,1 km | 1:53:47 |
| W45 | 23.  | Andrea Pörsch     | 21,1 km | 1:44:34 |
| W45 | 123. | Anette Kahlenberg | 21,1 km | 2:01:40 |
| W45 | 132. | Sonja Heidger     | 21,1 km | 2:04:05 |
| W50 | 11.  | Anke Jakschis     | 21,1 km | 1:47:17 |
| W50 | 18.  | Martina Schulz    | 21,1 km | 1:52:32 |
| W55 | 42.  | Inge Kölsch       | 21,1 km | 2:17:43 |
| M45 | 129. | Hans-Jürgen Kahle | 21,1 km | 1:39:34 |
| M45 | 146. | Dirk Pörsch       | 21,1 km | 1:40:11 |
| M50 | 11.  | Harald Müller     | 21,1 km | 1:28:03 |
| M50 | 50.  | Thomas Brent      | 21,1 km | 1:35:05 |
| M50 | 447. | Rudolf Kahlenberg | 21,1 km | 2:01:56 |
| W35 | 1.   | Diana Hellebrand  | 42,2 km | 3:24:23 |

#### 18.04.2015 Valdemossa, 7. Ultra Mallorca Serra De Tramuntana

|     |    |                 |       |          |
|-----|----|-----------------|-------|----------|
| W45 | 5. | Antje Ueberholz | 67 km | 12:00:25 |
|-----|----|-----------------|-------|----------|

#### 18.04.2015 Laubach, 21. Volkslauf

|     |    |                |       |         |
|-----|----|----------------|-------|---------|
| W40 | 4. | Karin Fuhrmann | 10 km | 55:16   |
| W70 | 1. | Rosi Kraemer   | 10 km | 1:01:29 |
| M45 | 3. | Thomas Kraemer | 10 km | 44:06   |
| M60 | 3. | Peter Fuhrmann | 10 km | 1:00:26 |

#### 18.04.2015 Pronsfeld, RLM 10 km-Straßenlauf



|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| M50 | 7. | Wolfgang Scholz | 10 km | 45:04 |
| M70 | 2. | Bernhard Marake | 10 km | 52:25 |

#### 12.04.2015 Wien, 32. Vienna City Marathon

|     |      |                  |         |         |
|-----|------|------------------|---------|---------|
| M55 | 380. | Michael Jarmusch | 21,1 km | 2:12:43 |
|-----|------|------------------|---------|---------|

#### 12.04.2015 Tangermünde, Elbdeich-Marathon

|     |     |                    |         |         |
|-----|-----|--------------------|---------|---------|
| W55 | 15. | Eveline Schultheiß | 21,1 km | 3:33:37 |
| M55 | 40. | Klaus Herrmann     | 21,1 km | 2:47:31 |

#### 11.04.2015 Engers, 27. Volkslauf „Rund um das Schloss Engers“

|     |    |                      |         |       |                |
|-----|----|----------------------|---------|-------|----------------|
| W35 | 1. | Diana Hellebrand     | 9,75 km | 39:25 | Gesamtsiegerin |
| W40 | 1. | Manuela Frohs        | 9,75 km | 49:24 |                |
| W45 | 5. | Sonja Heidger        | 9,75 km | 50:05 |                |
| W45 | 7. | Sonja Seyda          | 9,75 km | 55:56 |                |
| W55 | 2. | Petra Itschert-Rasch | 9,75 km | 52:17 |                |
| W60 | 1. | Sibille Henn         | 9,75 km | 55:56 |                |
| M70 | 1. | Bernhard Marake      | 9,75 km | 48:52 |                |

#### 06.04.2015 Selters, 9. Osterlauf

|     |    |                 |       |       |
|-----|----|-----------------|-------|-------|
| W40 | 4. | Manuela Frohs   | 10 km | 51:26 |
| W45 | 3. | Antje Ueberholz | 10 km | 49:42 |
| M70 | 1. | Bernhard Marake | 10 km | 52:52 |

#### 06.04.2015 Kerpen, 14. Stadtlauf

|     |     |                    |      |       |
|-----|-----|--------------------|------|-------|
| W55 | 3.  | Eveline Schultheiß | 5 km | 45:34 |
| M55 | 10. | Klaus Herrmann     | 5 km | 37:21 |

#### 05.04.2015 Rheinzabern, 42. Osterlauf

|     |     |            |         |         |
|-----|-----|------------|---------|---------|
| M45 | 30. | Niko Thomé | 21,1 km | 1:41:59 |
|-----|-----|------------|---------|---------|

#### 04.04.2015 Kapstadt/RSA, Two Oceans Marathon

|     |      |                 |       |         |
|-----|------|-----------------|-------|---------|
| M50 | 195. | Johannes Bertus | 56 km | 5:25:37 |
|-----|------|-----------------|-------|---------|

#### 04.04.2015 Düsseldorf, 14. Karl-Heinz-Hahn-Walk

|   |  |                    |         |         |
|---|--|--------------------|---------|---------|
| W |  | Eveline Schultheiß | 10 km W | 1:28:17 |
| M |  | Klaus Herrmann     | 10 km W | 1:11:35 |

#### 29.03.2015 Freiburg, Marathon

|     |    |               |         |         |
|-----|----|---------------|---------|---------|
| W45 | 9. | Monika Hummel | 21,1 km | 1:40:53 |
|-----|----|---------------|---------|---------|

#### 29.03.2015 Luxembourg, 6. Urban Trail

|     |     |              |       |         |
|-----|-----|--------------|-------|---------|
| V2H | 17. | Jens Kraemer | 27 km | 2:29:24 |
| V1H | 9.  | Mario Pommer | 34 km | 2:58:22 |
| V2H | 37. | Thomas Brent | 34 km | 3:38:20 |

#### 29.03.2015 Berlin, 35. Halbmarathon

|     |      |                 |         |         |
|-----|------|-----------------|---------|---------|
| W40 | 242. | Michaela Müller | 21,1 km | 1:55:55 |
| W45 | 77.  | Andrea Pörsch   | 21,1 km | 1:46:16 |
| M45 | 552. | Dirk Pörsch     | 21,1 km | 1:42:32 |

#### 28.03.2015 Brechen, 10. Straßenlauf

|     |     |                |         |         |
|-----|-----|----------------|---------|---------|
| M45 | 19. | Peter Zängerle | 21,1 km | 1:51:37 |
|-----|-----|----------------|---------|---------|

#### 28.03.2015 Rockenhausen, 6. Rockie-Mountain-Lauf

|     |    |                |       |         |
|-----|----|----------------|-------|---------|
| W30 | 3. | Jennifer Weber | 13 km | 1:13:41 |
|-----|----|----------------|-------|---------|

#### 27.-29.03.2105 Wolfstein, 2. Pfälzer Bergland-Trail

|         |    |                 |        |          |
|---------|----|-----------------|--------|----------|
| Staffel | 3. | Antje Ueberholz | 125 km | 13:37:00 |
|---------|----|-----------------|--------|----------|

#### 22.03.2015 Bad Godesberg, 28. Frühlingslauf

|     |    |                    |          |       |
|-----|----|--------------------|----------|-------|
| W55 | 1. | Eveline Schultheiß | 5,5 km W | 52:59 |
| M55 | 2. | Klaus Herrmann     | 5,5 km W | 41:39 |

**22.03.2015 Köln, 5. Frühlingslauf**

|     |    |                  |       |       |
|-----|----|------------------|-------|-------|
| W35 | 1. | Diana Hellebrand | 10 km | 40:33 |
|-----|----|------------------|-------|-------|

**21.03.2015 Herdorf, 29. Götzelauf**

|     |     |            |       |       |
|-----|-----|------------|-------|-------|
| M45 | 11. | Niko Thomé | 10 km | 45:38 |
|-----|-----|------------|-------|-------|

**15.03.2015 Barcelona/ESP, Zurich Barcelona Marathon 2015**

|     |      |               |         |         |
|-----|------|---------------|---------|---------|
| W45 | 290. | Sonja Heidger | 42,2 km | 4:15:46 |
|-----|------|---------------|---------|---------|

**15.03.2015 Kobern-Gondorf, 3. Frühlingslauf**

|       |     |                      |        |         |
|-------|-----|----------------------|--------|---------|
| W     | 6.  | Eveline Schultheiß   | 5 km W | 45:21   |
| M     | 2.  | Klaus Herrmann       | 5 km W | 36:23   |
| W40   | 3.  | Susanne Scholz       | 10 km  | 55:21   |
| W45   | 1.  | Anja Müller          | 10 km  | 53:39   |
| W50   | 3.  | Gaby Reiländer       | 10 km  | 49:46   |
| W55   | 1.  | Petra Itschert-Rasch | 10 km  | 56:12   |
| W60   | 2.  | Sibille Henn         | 10 km  | 56:42   |
| W70   | 1.  | Rosi Kraemer         | 10 km  | 1:00:33 |
| MJU20 | 1.  | Christian Scholz     | 10 km  | 37:59   |
| M45   | 4.  | Thomas Kraemer       | 10 km  | 44:40   |
| M50   | 5.  | Wolfgang Scholz      | 10 km  | 45:57   |
| M50   | 6.  | Arno Schubach        | 10 km  | 47:09   |
| M50   | 12. | Uli Seel             | 10 km  | 56:51   |
| M60   | 4.  | Peter Loth           | 10 km  | 52:25   |
| M70   | 1.  | Bernhard Marake      | 10 km  | 52:39   |

**14.03.2015 Waldbreitbah, Wiedtal-Ultratrail**

|   |  |                 |       |          |
|---|--|-----------------|-------|----------|
| W |  | Antje Ueberholz | 65 km | 10:20:00 |
|---|--|-----------------|-------|----------|

**08.03.2015 Celle, 33. Wasa-Lauf**

|     |     |                |       |         |
|-----|-----|----------------|-------|---------|
| M40 | 36. | Olli Michaelis | 20 km | 1:36:06 |
|-----|-----|----------------|-------|---------|

**08.03.2015 Kandel, 40. Bienwald-Marathon**

|     |     |                  |         |         |
|-----|-----|------------------|---------|---------|
| W35 | 1.  | Diana Hellebrand | 42,2 km | 3:15:01 |
| W40 | 10. | Manuela Frohs    | 42,2 km | 4:08:38 |
| W45 | 9.  | Antje Ueberholz  | 42,2 km | 4:08:38 |
| M50 | 24. | Thomas Brent     | 42,2 km | 3:24:35 |

**08.03.2015 Urmitz, 31. Straßenlauf**

|     |     |                      |       |         |
|-----|-----|----------------------|-------|---------|
| W13 | 3.  | Nicole Kraemer       | 1 km  | 4:33    |
| W   | 2.  | Christiane Magiros   | 3 km  | 16:16   |
| W40 | 6.  | Karin Fuhrmann       | 10 km | 56:09   |
| W45 | 7.  | Jennifer Hamm        | 10 km | 54:36   |
| W50 | 4.  | Anke Jakschis        | 10 km | 48:11   |
| W50 | 8.  | Gaby Reiländer       | 10 km | 1:01:31 |
| W55 | 4.  | Petra Itschert-Rasch | 10 km | 56:24   |
| W70 | 1.  | Rosi Kraemer         | 10 km | 1:01:30 |
| M45 | 11. | Thomas Kraemer       | 10 km | 43:43   |
| M50 | 1.  | Harald Müller        | 10 km | 41:00   |
| M50 | 3.  | Wolfgang Scholz      | 10 km | 44:17   |
| M50 | 8.  | Martin Mitscherling  | 10 km | 52:38   |
| M60 | 11. | Peter Fuhrmann       | 10 km | 1:01:12 |
| M70 | 1.  | Bernhard Marake      | 10 km | 49:24   |
| M75 | 1.  | Dieter Schottes      | 10 km | 50:21   |

**07.03.2015 Königswinter, Berzerker-Trail**

|   |  |                 |       |  |
|---|--|-----------------|-------|--|
| W |  | Antje Ueberholz | 16 km |  |
|---|--|-----------------|-------|--|

**01.03.2015 Ochtendung, 28. Winterlaufserie - 4. Lauf**

|     |    |                 |        |       |
|-----|----|-----------------|--------|-------|
| M40 | 2. | Mario Pommer    | 4 km   | 17:23 |
| M75 | 1. | Dieter Schottes | 4 km   | 22:20 |
| M40 | 1. | Mario Pommer    | 8,1 km | 35:27 |
| M40 | 4. | Olli Michaelis  | 8,1 km | 38:31 |
| M75 | 1. | Dieter Schottes | 8,1 km | 46:53 |

**28.02.2015 Kiel, 21. familia-Marathon**

|     |    |                    |         |         |
|-----|----|--------------------|---------|---------|
| W20 | 3. | Mareike Hilgenberg | 42,2 km | 3:57:59 |
|-----|----|--------------------|---------|---------|

**28.02.2015 Koblenz, 32. Rhein-Lahn-Volkslauf**

|     |     |                         |         |         |
|-----|-----|-------------------------|---------|---------|
| W40 | 2.  | Melanie Rehmann         | 10 km   | 53:48   |
| W40 | 3.  | Susanne Scholz          | 10 km   | 55:10   |
| W45 | 1.  | Monika Hummel           | 10 km   | 46:35   |
| W45 | 4.  | Carmen Hegmann-Neuneier | 10 km   | 51:22   |
| W45 | 6.  | Jennifer Hamm           | 10 km   | 55:48   |
| W45 | 7.  | Anette Kahlenberg       | 10 km   | 58:10   |
| W45 | 8.  | Claudia Volgt-Wisbar    | 10 km   | 58:30   |
| W50 | 1.  | Gaby Reiländer          | 10 km   | 47:51   |
| W50 | 7.  | Monika Knebel           | 10 km   | 53:57   |
| W55 | 4.  | Sylvia Lippert          | 10 km   | 1:00:50 |
| W60 | 2.  | Helga Schinke           | 10 km   | 1:03:12 |
| W70 | 1.  | Rosi Kraemer            | 10 km   | 1:03:04 |
| M45 | 6.  | Thomas Kraemer          | 10 km   | 45:22   |
| M45 | 8.  | Jens Kraemer            | 10 km   | 47:52   |
| M45 | 13. | Peter Zängerle          | 10 km   | 51:42   |
| M45 | 14. | Burkhard Schneider      | 10 km   | 56:50   |
| M45 | 16. | Klaus-Martin Wisbar     | 10 km   | 58:31   |
| M50 | 7.  | Wolfgang Scholz         | 10 km   | 46:23   |
| M50 | 15. | Martin Mitscherling     | 10 km   | 53:46   |
| M50 | 17. | Rudolf Kahlenberg       | 10 km   | 56:39   |
| M60 | 9.  | Peter Fuhrmann          | 10 km   | 58:07   |
| M70 | 1.  | Bernhard Marake         | 10 km   | 50:51   |
| M75 | 2.  | Dieter Schottes         | 10 km   | 52:33   |
| W40 | 5.  | Michaela Müller         | 21,1 km | 1:57:27 |
| M40 | 1.  | Mario Pommer            | 21,1 km | 1:27:44 |
| M40 | 5.  | Olli Michaelis          | 21,1 km | 1:45:24 |
| M40 | 11. | Thomas Brunnhubner      | 21,1 km | 1:57:05 |
| M45 | 12. | Niko Thomé              | 21,1 km | 1:47:14 |
| M45 | 14. | Hans-Jürgen Kahle       | 21,1 km | 1:47:26 |
| M45 | 15. | Dirk Pörsch             | 21,1 km | 1:48:22 |
| M60 | 5.  | Helmut Eich             | 21,1 km | 1:57:04 |

**22.02.2015 Merkers, 9. Untertage-Marathon**

|     |    |              |         |         |
|-----|----|--------------|---------|---------|
| M40 | 3. | Mario Pommer | 42,2 km | 3:17:46 |
|-----|----|--------------|---------|---------|

**22.02.2015 Hilden, Winterlaufserie - 4. Lauf**

|     |    |                    |         |         |
|-----|----|--------------------|---------|---------|
| W55 | 3. | Eveline Schultheiß | 10 km W | 1:36:52 |
| M55 | 1. | Klaus Herrmann     | 10 km W | 1:16:58 |

**22.02.2015 Köln-Porz, 31. Winterlaufserie - 3. Lauf**

|     |    |                  |         |         |                |
|-----|----|------------------|---------|---------|----------------|
| W35 | 1. | Diana Hellebrand | 21,1 km | 1:28:29 | Gesamtsiegerin |
|-----|----|------------------|---------|---------|----------------|

**22.02.2015 Laubach, RLPM Crosslauf**

|     |    |                 |        |       |
|-----|----|-----------------|--------|-------|
| M50 | 8. | Wolfgang Scholz | 5,3 km | 28:42 |
| M75 | 5. | Dieter Schottes | 5,3 km | 36:31 |

**21.02.2015 Bad Ems, Lauf „Rund um die Insel Silberau“**

|     |    |                |        |       |
|-----|----|----------------|--------|-------|
| M40 | 1. | Olli Michaelis | 7,2 km | 31:27 |
|-----|----|----------------|--------|-------|

**21.02.2015 Niederfischbach, 13. Föschber Radweglauf**

|   |     |                    |      |       |
|---|-----|--------------------|------|-------|
| W | 35. | Mareike Hilgenberg | 5 km | 34:26 |
|---|-----|--------------------|------|-------|

**14.02.2015 Mayen, 35. Winterlaufserie - 2. Lauf**

|     |    |                 |        |       |
|-----|----|-----------------|--------|-------|
| M70 | 1. | Bernhard Marake | 8,4 km | 44:02 |
|-----|----|-----------------|--------|-------|

**08.02.2015 Hilden, Winterlaufserie - 3. Lauf**

|     |    |                    |          |         |
|-----|----|--------------------|----------|---------|
| W55 | 3. | Eveline Schultheiß | 10 km NW | 1:42:02 |
| M55 | 1. | Klaus Herrmann     | 10 km NW | 1:18:27 |

**08.02.2015 Lonnig, 7. Crosslauf**

|     |    |                |      |       |
|-----|----|----------------|------|-------|
| M40 | 2. | Olli Michaelis | 9 km | 45:17 |
|-----|----|----------------|------|-------|

|     |    |                 |      |       |
|-----|----|-----------------|------|-------|
| M50 | 2. | Wolfgang Scholz | 9 km | 45:55 |
| M70 | 1. | Bernhard Marake | 9 km | 53:10 |

#### 01.02.2015 Ochtendung, 28. Winterlaufserie - 3. Lauf

|       |    |                  |        |       |
|-------|----|------------------|--------|-------|
| M40   | 2. | Mario Pommer     | 4 km   | 16:16 |
| M75   | 1. | Dieter Schottes  | 4 km   | 20:34 |
| MJU20 | 1. | Christian Scholz | 8,1 km | 34:07 |
| M40   | 2. | Mario Pommer     | 8,1 km | 33:46 |
| M40   | 5. | Olli Michaelis   | 8,1 km | 38:53 |
| M50   | 3. | Wolfgang Scholz  | 8,1 km | 37:32 |
| M70   | 1. | Bernhard Marake  | 8,1 km | 43:02 |
| M75   | 1. | Dieter Schottes  | 8,1 km | 43:16 |

#### 31.01.2015 Rodgau, 16. 50 km-Ultramarathon

|     |     |                    |       |         |
|-----|-----|--------------------|-------|---------|
| W50 | 54. | Martina Schulz     | 20 km | 2:01:41 |
| W40 | 30. | Manuela Frohs      | 35 km | 3:51:11 |
| W45 | 45. | Antje Ueberholz    | 35 km | 3:16:05 |
| W45 | 50. | Sonja Heidger      | 35 km | 3:51:11 |
| M45 | 75. | Thomas Brunnhübner | 35 km | 3:24:17 |
| M50 | 20. | Harald Müller      | 50 km | 4:26:49 |

#### 31.01.2015 Bad Ems, Lauf „Rund um die Insel Silberau“

|       |    |                  |        |       |
|-------|----|------------------|--------|-------|
| W40   | 1. | Susanne Scholz   | 7,2 km | 39:10 |
| MJU20 | 1. | Christian Scholz | 7,2 km | 26:18 |
| M50   | 3. | Wolfgang Scholz  | 7,2 km | 30:45 |

#### 25.01.2015 Trier, RLM Crosslauf

|     |    |                 |        |       |
|-----|----|-----------------|--------|-------|
| M75 | 2. | Dieter Schottes | 5550 m | 28:37 |
|-----|----|-----------------|--------|-------|

#### 24.01.2015 Hilden, Winterlaufserie - 2. Lauf

|     |    |                    |        |       |
|-----|----|--------------------|--------|-------|
| W55 | 3. | Eveline Schultheiß | 5 km W | 52:10 |
| M55 | 1. | Klaus Herrmann     | 5 km W | 40:27 |

#### 24.01.2015 Mayen, 35. Winterlaufserie - 1. Lauf

|     |    |                 |        |       |
|-----|----|-----------------|--------|-------|
| M50 | 2. | Wolfgang Scholz | 8,4 km | 39:12 |
|-----|----|-----------------|--------|-------|

#### 18.01.2015 Pulheim, 18. Staffelmarchathon

|     |    |                    |         |         |
|-----|----|--------------------|---------|---------|
| W20 | 1. | Mareike Hilgenberg | 21,1 km | 1:43:39 |
| M45 | 8. | Niko Thomé         | 21,1 km | 1:43:39 |

#### 11.01.2015 Koblenz, Bezirksmeisterschaften Crosslauf

|            |     |                               |        |         |
|------------|-----|-------------------------------|--------|---------|
| W35        | 1.  | Diana Hellebrand              | 3180 m | 13:18   |
| W40        | 2.  | Manuela Frohs                 | 3180 m | 16:39   |
| W45        | 1.  | Antje Ueberholz               | 3180 m | 15:33   |
| W45        | 2.  | Sonja Heidger                 | 3180 m | 16:58   |
| W45        | 3.  | Jennifer Hamm                 | 3180 m | 17:05   |
| W50        | 2.  | Anke Jakschis                 | 3180 m | 15:37   |
| W Mschft   | 1.  | Hellebrand-Ueberholz-Jakschis |        | 44:28   |
| W40 Mschft | 1.  | Ueberholz-Frohs-Heidger       |        | 48:10   |
| M40        | 2.  | Olli Michaelis                | 3980 m | 18:58   |
| M70        | 1.  | Bernhard Marake               | 3180 m | 15:36   |
| M          | 4.  | Mario Pommer                  | 7980 m | 32:31   |
| M          | 5.  | Johannes Bertus               | 7980 m | 36:20   |
| M          | 6.  | Wolfgang Scholz               | 7980 m | 36:20   |
| M          | 7.  | Hans-Jürgen Kahle             | 7980 m | 38:07   |
| M          | 8.  | Jan Kiefer                    | 7980 m | 39:34   |
| M          | 9.  | Olli Michaelis                | 7980 m | 40:53   |
| M          | 10. | Bernhard Marake               | 7980 m | 43:41   |
| M Mschft   | 1.  | Pommer-Bertus-Scholz          |        | 1:45:11 |
| M Mschft   | 2.  | Kahle-Kiefer-Michaelis        |        | 1:58:34 |

#### 05.01.2015 Ochtendung, 28. Winterlaufserie - 2. Lauf

|     |    |                 |        |       |
|-----|----|-----------------|--------|-------|
| M40 | 3. | Mario Pommer    | 4 km   | 17:10 |
| M75 | 1. | Dieter Schottes | 4 km   | 22:14 |
| W45 | 6. | Heide Kiefer    | 8,1 km | 52:31 |

|       |    |                  |        |       |
|-------|----|------------------|--------|-------|
| MJU20 | 1. | Christian Scholz | 8,1 km | 32:31 |
| M40   | 3. | Mario Pommer     | 8,1 km | 34:23 |
| M40   | 6. | Olli Michaelis   | 8,1 km | 40:48 |
| M45   | 8. | Jan Kiefer       | 8,1 km | 40:47 |
| M50   | 2. | Johannes Bertus  | 8,1 km | 39:39 |
| M50   | 4. | Wolfgang Scholz  | 8,1 km | 40:47 |
| M70   | 1. | Bernhard Marake  | 8,1 km | 44:26 |
| M75   | 1. | Dieter Schottes  | 8,1 km | 45:32 |